27 Years and Still Going Strong:
Another successful Saturday Art Therapy Workshop in the books!

On November 17th, the 2019 Saturday Art Therapy Workshop came to an end with the annual client art exhibit. Families and friends of workshop participants excitedly came to support their loved ones and admire the art they have been meticulously working on all semester. When gathered together, participants took the time to tell the exhibit attendees what the workshop meant to them and their families. There are a number of participants who have been repeatedly attending Saturday art therapy since the workshop’s inception in 1992! A parent of a participant who has been with our “Awesome Autism” group for many years spoke to the group about what the workshop community has meant to him and how he is grateful that his daughter has an outlet to express herself. Another parent also agreed that the sense of community and support he has felt as a result of his child participating in the workshop has been invaluable to him. Others in the audience may not have shared with the group, but their art hung on the gallery walls spoke volumes. Their faces beamed with pride as their family and friends gathered around to praise their work, and they expressed their desire to come back for the 2020 Saturday Art Therapy Workshop. We are thankful for all who participated this year and their families who supported them throughout the 11 weeks. Special thanks also to Deb Durancyzk, Dr. Holly Feen, and the art therapy practicum students who worked tirelessly all semester.
We are so excited to introduce the new coordinator for Art Education, Anita Ricks-Bates. Anita is an artist, educator and 2019 Kresge Arts Detroit Fellow. Her paintings are primarily abstract ‘landscapes’ that focus heavily on the language of color, texture and space. Anita has been exhibited both nationally and internationally in several venues including the G.R. N’Namdi Gallery-Detroit and Chicago; Ashara Ekundayo Gallery-San Francisco; A Gathering of the Tribes Gallery-New York; Venice, Italy; Dell Pryor, Detroit Artists Market and The River’s Edge Gallery in Wyandotte, Michigan.

The artist and her work have been noted and reviewed in several periodicals and publications such as Detroit Home Magazine, Imago Mundi: The Luciano Benetton Collection, BLAC Magazine, Detroit News and Free Press and Trait Magazine.

Additionally, Anita is a Fulbright Memorial Fellow in Japanese education and holds an M.F.A. and M.A. in painting from Wayne State University and Eastern Michigan University respectively. In addition to serving as Program Coordinator for Visual Arts Education at Wayne State University, Anita is also a lecturer and is in the process of completing her PhD in Art Education and Curriculum and Instruction. We are thrilled to have Anita join the program, and we are excited for her to share her 20 years of educational experience with the students and faculty!

SMATA President Marte Marini has planned some very exciting events over the past year for art therapy students and community members to take part in. First, Wayne State University was thrilled to have had the opportunity to host art therapy pioneer, Dr. Bruce Moon on May 17th. Dr. Moon gave a personal concert inspired by the history of art therapy in honor of the American Art Therapy Association’s 50th university and the Michigan Art Therapy Association’s 40th anniversary. It was a fun night filled with laughter, stories, and valuable wisdom imparted by one of the art therapy community’s most respected members.

In addition, there were many social events planned including a self-care art making session before the end of the Winter 2019 semester, a day spent at Blake’s Apple Orchard, holiday art making, and a fun brunch before the start of the upcoming Winter 2020 semester. All of these great opportunities allow students to network and support each other when the assignments start to pile up!

CALL FOR NEW LEADERSHIP! If you are interested in becoming president of SMATA or if you are interested in any other leadership position, please contact Marte Marini or the Art Therapy and Art Education Program.
Earlier this summer, The Michigan Department of Licensing and Regulatory Affairs (LARA) released plans to drastically change the licensing guidelines for clinical counselors. LARA had been threatening to crackdown on the vague guidelines outlining counselors’ scope of practice that were established in 1989 and when no legislative changes had been put in place to resolve the issue earlier this year, they finally followed through. The proposed changes by LARA included removing the phrases “diagnose and identify the problem” and “psychotherapy skills” from the section outlining what counselors are qualified to do with their clients. Although LARA claimed that the proposed changes would not have any change on counselors’ scope of practice, the new rules would effectively stop counselors from practicing in Michigan, unless they wanted to risk violating ethical rules. The results of such a change would have devastating effects, putting 10,000 counselors out of a job and removing mental health services from 150,000 Michigan residents.

When the proposed changes were first released to the public, counselors and mental health advocates expressed worry and outrage. Professionals were concerned about their job security, their clients’ wellbeing, and counseling students were scared that the new rules would mean being trapped in school for years in order to complete all the additional training that would be required to meet new standards. As a result, mental health professionals and their invaluable advocates rallied together in support of House Bill 4325, a bill that would clarify the outdated language outlining counselors’ professional guidelines, but would not limit their current scope of practice. State representative, Aaron Miller, introduced the bill back in March of 2019.

On October 4th, 2019, approximately 2,000 mental health works flooded LARA’s hearing in Lansing to let lawmakers know exactly how big of an impact the proposed changes would have on not only themselves, but their clients as well. As of October 4th, it was unclear if HB 4325 would be signed into law before LARA’s new rules would take effect in November of 2019, but on October 8th, the bill passed through Ways and Means and then immediately went on to be passed by a unanimous vote in the Michigan House of Representatives. From there, on October 17th, the Michigan Senate voted to approve House Bill 4325.

On Tuesday, October 29th at 11:30 AM, Governor Whitmer signed the bill into law, and counselors across the state let out a sigh of relief. As a result of the bill, Michigan clinical counselors are now well protected and any questions about a professional breaching their scope of practice can be easily answered.

Want to stay updated with Michigan mental health advocacy efforts? Check out these organizations:

The Arc Michigan - www.arcmi.org
National Alliance for Mental Health Illness - www.namimi.org
Michigan Protection and Advocacy Series, Inc. - www.mpas.org
The American Art Therapy Association’s 50th Annual Conference

The American Art Therapy Association hit an impressive milestone this year when they put on their 50th annual conference in Kansas City, Missouri! Art Therapists from around the country came together to celebrate, network, and learn from each other. Our very own Dr. Holly Feen-Calligan gave two presentations at the conference. The first discussed her paper titled “Responding to the Crisis of Addiction: What Can Art Therapists Do?” This paper draws from over 60 years of literature on art therapy with substance abuse, literary texts, and authoethnographic inquiry to formulate a philosophy and strategy for using art therapy with addictions from education and prevention, treatment of the whole person, and political advocacy.

Dr. Feen’s second presentation was as a panelist for “A Master Class: Art Therapy with Refugee and Migrant Populations.” Led by keynote speaker, Dr. Essam Daod and a panel of art therapists whose work has served the psychosocial needs of displaced people, this master class bridged global and local perspectives for attendees interested in developing resources in their own communities to address the tremendous need for accessible trauma-informed, culturally-relevant care for refugees and migrants.

The conference next year will be held in Washington, DC on October 29 through November 1, 2020. All interested Wayne State art therapy students should consider attending as it is the perfect way to network with other students and professionals as well as stay updated on current research and practices!

National Art Therapy Legislation News

There is a lot of exciting news to share for 2019 and the advancement of art therapy across the nation! First, Connecticut art therapists achieved independent licensure and 13 states introduced art therapy legislation (a record)! Of the 13 states that introduced legislation, nine had licensure bills, two had insurance bills, and the final two made small corrections to already existing art therapy licenses. A total of three bills were put into law, including the Connecticut license as well as corrections to existing licenses for Maryland and Oregon. The eight remaining licensure bills and one insurance bill will carry over into the new year.

Resources for You as an Advocate for Art Therapy

For those looking to get involved in Michigan’s journey to achieving licensure for art therapists within the state, contact the Michigan Association of Art Therapy (MAAT) to learn more about legislative efforts. There are many ways to get involved like reaching out to contacts for support letters, assisting and organizing a fundraising event, or even volunteering to testify on behalf of art therapy when needed.

It may also be helpful to learn about the legislative process in Michigan in order to aid advocacy efforts. The American Art Therapy Association suggests visiting The National Conference of State Legislators to start. However, it is best practice to confirm any information with Michigan’s state legislature website. You will be able to find the legislative session calendar there as well as any other necessary information as to how the state operates. The process of how a bill becomes a law is actually different based on the state, so it is important to learn the specifics for Michigan.

To keep updated on Michigan art therapy licensure efforts, please visit the MAAT website at: michiganarttherapy.org
We’re now collecting artwork for the Visual Arts Education & Art Therapy Student Exhibition! To submit your artwork for jurying, drop it off at our office located at 163 Community Arts Building and fill out an artwork loan agreement form. There are two jurying dates planned: March 2 and April 27. The opening date is TBA, but will be some times in Spring Semester. Contact arted_arttherapy@wayne.edu for questions.

**Summer 2020 Student Art Exhibit: Call for Art!**

**Professional Development for Michigan Art Educators**

Check out the professional development opportunities available through the Michigan Art Education Association below!

### Four SCECH Workshops at Aquinas College

1. **Figure Drawing: Structure and Expression with Chris LaPorte**
   - This is a nine-hour figure drawing workshop structured as three three-hour studio sessions. **Located at Aquinas Art & Music Center: RM 209 February 5, 12, & 19 6 - 9 PM**

2. **Graphic/Digital Design with Dana Fuller**
   - This is a six-hour beginner workshop intended to teach participants how to design with Adobe Illustrator CC. The workshop is divided into two three-hour sessions. **Located at Aquinas Art & Music Center: RM 207 February 8 & 15 9 AM - NOON**

3. **Plaster Relief Sculpture with Nate Lareau**
   - Experience working with several materials, processes and techniques through the creation of plaster relief casting. This is a six-hour workshop that meets for two three-hour sessions. **Located at Aquinas Art & Music Center: RM 215/216 March 18 & 25 6 - 9 PM**

4. **Ceramics Workshop with Madeline Kaczmarczyk**
   - This workshop will cover use of surface design on wet and “leather hard” clay. This is a six-hour workshop that meets for two three-hour sessions. **Located at Aquinas Art & Music Center: RM 215/216 April 15 & 29 6 - 9 PM**
   - ALL CLASSES COST $75 (DOES NOT INCLUDE $5 FEE PAID AT WORKSHOP)

### Summer Programs for Educators 2020

#### Summer Seminars and Institutes

One-to-four-week residential programs that support collegial study of significant topics in the humanities. Programs take place throughout the United States and stipends help to cover travel and living expenses.

For a complete list of the seminars and institutions offered this summer, along with application requirements, please click [here](http://www.miarted.org/events.php).

**Application Deadline: March 1, 2020**

#### Landmarks of American History and Culture Workshops

These are place-based one-week workshops that take K-12 educators to historic sites to explore central themes in American history as well as related humanities topics. Programs take place throughout the United States and stipends help to cover travel and living expenses.

For a complete list of the seminars and institutions offered this summer, along with application requirements, please click [here](http://www.miarted.org/events.php).

**Application Deadline: March 1, 2020**

For more information about events and professional development opportunities, please visit:

http://www.miarted.org/events.php
Melissa Jones (Year) is currently on the exhibition committee for the Detroit Artists Market. She has recently curated DAM’s show titled “People Stories” where she gave a juror lecture and presented artist awards.

Corryn Jackson (2018) has been working as a full-time art therapist at Detroit Behavioral Institute Capstone Academy.

Shazia Siddiqui (2011) has recently opened her own Art Therapy studio in Clawson, MI called “Let’s Art About It”.

Taylor Beardsall (Year), Erin Keith (2016), Valerie Paige (Year), Karianne Spens-Hannah (2017), and Margaret Sand-Goldstein (Year) have joined together to create the Solstice Healing Arts Collective to provide “an inclusive space that offers an integrative, holistic approach to healing.”

Elaine Miller (2018) was recently hired by Day Spring Villa, a shelter for domestic abuse victims in Tulsa, OK.

Carrion Jackson (2018) has been working as a full-time art therapist at Detroit Behavioral Institute Capstone Academy.

Kathleen Buday (1999) was recently published! Her paper, Mending Through Metaphor: Art Therapy for Healing in Cancer Care, was published online at the Canadian Art Therapy Association Journal in June 2019 and will be published in the CATA Journal, Volume 32 Issue 2, in December 2019.

Jennifer Genow (2019) is working at the Samaritan Counseling Center of Southeast Michigan under the supervision of Wayne State’s very own Karen Schurgin.

Taylor Beardsall (Year), Erin Keith (2016), Valerie Paige (Year), Karianne Spens-Hannah (2017), and Margaret Sand-Goldstein (Year) have joined together to create the Solstice Healing Arts Collective to provide “an inclusive space that offers an integrative, holistic approach to healing.”

Elizabeth Webster (2017) recently started a clinical counseling position at Blossom Behavioral Wellness Center located in Novi, MI. The center provides treatment for families impacted by autism.

Michelle Figurski (2012) received Employee of the Quarter in her department, School and Community-Based Counseling Services at Southwest Behavioral Health, obtained her LPC this year, and completed her certified supervisor training.

Kathleen Buday (1999) was recently published! Her paper, Mending Through Metaphor: Art Therapy for Healing in Cancer Care, was published online at the Canadian Art Therapy Association Journal in June 2019 and will be published in the CATA Journal, Volume 32 Issue 2, in December 2019.

Lakita Snead (2019) and Lauren Marks (2019) both graduated with their Masters of Arts in clinical mental health counseling with a specialization in art therapy.

Michelle Figurski (2012) received Employee of the Quarter in her department, School and Community-Based Counseling Services at Southwest Behavioral Health, obtained her LPC this year, and completed her certified supervisor training.

Autumn Heddy-Reed (2013) earned her board-certified status in June of 2019 and was hired by Voices for Children Advocacy Center in August of 2019 as the crisis counselor/ art therapist.

Do you have any exciting news to share with the art therapy community? If so, please email arted_artherapy@wayne.edu to be featured in our next newsletter!