



We've got lots of exciting news to share this fall/winter! Read below for all the latest information for art education and art therapy communities connected with Wayne State University.

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Spring Symposium!

Featuring a keynote presentation by Paula Howie, ATR-BC, LPC, HLM

We've extended the deadline for presentation proposals to January 31! If interested, please contact Angie Sarb, Administrative Assistant, at arted_arttherapy@wayne.edu.

If you're interested in having a vendor table at the symposium (suggested donation of 10% of proceeds from event sales), contact arted_arttherapy@wayne.edu.

Summer 2018 Student Art Exhibit: Call for Art!

We're now collecting artwork for the Visual Arts Education & Art Therapy Student Exhibition which will be held June 1-15, 2018! To submit your artwork, drop it off at our office located at 163 Community Arts Building and fill out an artwork loan agreement form. Contact arted_artherapy@wayne.edu for questions.



Saturday Art Therapy Workshop 25th Anniversary!

Saturday, November 18, 2017 marked the 25th anniversary of the [Saturday Art Therapy Workshop at Wayne State University](#). Approximately 100 people attended the celebration and final client exhibit including current and past participants and practicum students, their family and friends, and Art Education and Art Therapy faculty. The program included an exhibition of artwork created by clients during this semester's workshop, live music by the Saturday Weekend Music School under the direction of Executive Director Jeff Cutter and WSU Graduate Assistant Chris Burton, and remarks from Deb Duranczyk, Dr. Holly Feen, and Dr. Jim Brown, as well as students, faculty, participants, and family members. Special thanks to Dr. Holly Feen, Deb Duranczyk, Beata Sas, Emily Chase, Jessica Beard, Angie Sarb, and the Fall 2017 Practicum class for all their hard work to make this event a great success!

Also thanks to all participants, family, and friends over the last 25 years!

Stones of Hope

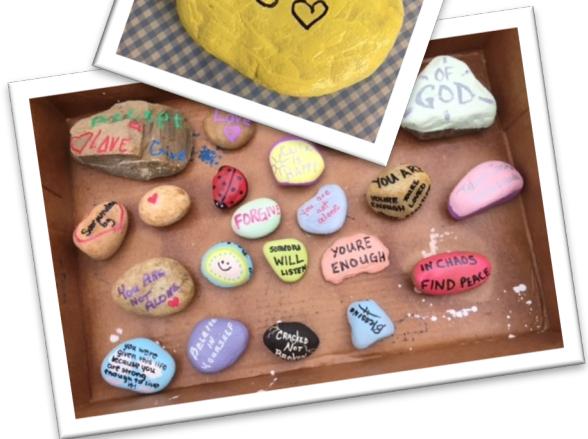
by Margaret Sands

On Saturday, November 18, 2017, six WSU art therapy alums led an art therapy session at the International Survivors of Suicide Loss Day event in Pontiac, sponsored by Common Ground.

Taylor Beardsall, M.Ed. 2016, Angie Bolton, MA, LLPC 2017, Betsy Dancey, M.Ed. 2015, Margaret Sands-Goldstein, ATR-BC (M.Ed. 1985), Rebecca Saunders, M.Ed. 2016, and Jennifer Tackett, ATR DP-C (M.Ed. 2008) supported the conference participants in creating Kindness Rocks (see <http://thekindnessrocksproject.com>).

People made rocks with positive messages for themselves or for someone who came with them to the event and also rocks to leave somewhere in the community to encourage the person who might find it. Some messages contained one word: SMILE, HOPE, FORGIVE. Others said more: "Why try so hard to fit in...when we were born to stand out?" and "Someone will listen." Still others were about the person who died, remembering them and wishing them peace.

The SOS day is an annual event that always takes place the Saturday before Thanksgiving. Art therapy has grown to be an important and meaningful part of the program.



program, on a pilot study with refugee mothers and their children. This study included 9 weekly sessions where the mothers engaged in yoga and the children engaged in dance or art therapy.

Initial results indicated positive reductions in stress levels and continued practice of yoga, dance, or art outside of the study. According to Julie Moreno, MA, ATR, LPC, an art therapist in the study, "working with the teen group via art therapy was extremely rewarding. Many of the group art therapy experientials provided an opportunity for sharing, reflection, and universality. Using art media in a group environment to express identity and to create place and community while processing and releasing stress seemed to be an important outlet of expression for the teen participants." Shazia Siddiqi, MA, ATR, LPC (MA, 2011) and Sara Nasser, a current MED art therapy graduate student, also participated in the study.

Art Therapy with Refugees

Dr. Holly Feen recently collaborated with Dr. Arash Javanbakht of the [Wayne State University Stress, Trauma, and Anxiety Research and Clinical Program](#) and Lana Grasser, a graduate student in the translational neuroscience

The Drew Center

by Dr. James Brown

If you were to close your eyes and imagine a time when you were free from the cares of living in the 21st century, what that memory be? As a child, I remember digging complex cave structures in between the subterranean roots of the bushes just outside of my back door. These days, the memories arrive every Thursday at noon, when a group of 24, 18 to 26-year-old young adults with cognitive impairments, is bused to Wayne State from the Charles Drew Transition Center (a DPSCD school) for our weekly visual arts class. These hours are filled with joy and excitement for me, as I facilitate their learning through a planned sequence of projects. As many of the readers know, there can be no greater reward than seeing the face of a child explode with emotion at the mastery of a new skill, watching their complete absorption in creative process, or their pride of completing something to *their* satisfaction. This is my source of joy.

During the past six years, a host of students have assisted me working with these delightful young people. During fall semester, students in my Theory and Practice class have been required to do clinical experiences in a classroom setting for special needs, ESL, or early childhood settings. Each year 4-5 students from that class become my assistants. During winter term, volunteers from many programs across the university, do service learning/clinical experiences with me. I have had several students who have returned for 2-3 years for that hour of joy in their busy lives.

The curriculum has been developed from my study of the decades of work and research by Claire Goulomb, who created a highly nuanced, Phenomenological understanding of childhood drawings and cognitive development, and Reuven Feuerstein, who has a research-proven pedagogy for cognitive enhancement. The art projects are designed to be developmentally appropriate, perhaps typical of many Visual Arts classes. The process of facilitating them would look different, however. A quick over view of some those processes used by myself and my students, would include our articulating the Drew student's unspoken thinking and decision making in a student-centered manner, or sometimes, with us verbally describing every minute step in thinking/making that we might go through if we were making a similar project. The translation from pure thought to words to action creates new ways of knowing what may have appeared to be instinctual, intuitive, or gestural. Some of these students also grow aware of their thinking as something they control, as in the first stages of metacognition.

I have not found a funding source, to conduct research on the outcomes of this adventure, so what I can report at this point is the glowing anecdotal reports of teachers and administrators at the Drew Center, identifying many cognitive, social-emotional, and behavioral improvements in the students participating in this class. One notable example was a ~20-year-old student, who had never spoken in all of her public education, who began to speak in this class. Because of these contributions to the education of the Drew students, the Principal, Robert Avidisian has funded the bussing and provision of art supplies. I continue to offer my efforts to the school, and the hard work of my assistants, so that I may return each week, and "draw" from this well of renewal and joy.



SMATA Update

by Corryn Jackson

SMATA has been staying involved around campus, within metro Detroit, and is spreading its wings nationally. President Corryn Jackson reached out to 31 Educational Programs Approval Board (EPAB) approved programs in early 2017. She asked advisors to put her in touch with students who would be willing to meet up at the American Art Therapy Association's 48th annual conference in Albuquerque, New Mexico. Jackson received an amazing response to her proposed project and co-presented about the importance of a student organization representing art therapy students.

SMATA partnered with ArtsCorps Detroit this summer to engage in community arts events and workshops around Detroit. SMATA members provided afterschool workshops for Carsten's Elementary/Middle School. In addition, members worked with Mack Alive! to help create a butterfly and art garden in an empty lot on the eastside of Detroit. Members also painted a mural with Joel Bergner that went up in Shed 5 at the Eastern Market, helped build a mosaic entrance wall to Smallville Farms, and created a mural with teenagers at the Lennox Center in AB Ford Park!

If you are interested in getting more involved with SMATA, contact waynestate.smata@gmail.com for meeting dates. **SMATA is also looking for new board members – contact them to apply!** Thank you 2016-17 SMATA board members for all of your hard work!

SMATA

STUDENTS OF MICHIGAN ART THERAPY ASSOCIATION



Making instruments at Crash Detroit a festival of street bands at the Lincoln Art Park



Mural Project with artist Joel Bergner



Butterfly & Art Garden at Mack Alive!



SMATA board members Corryn Jackson and Dana Seguin created this mural with local teens at the Lennox Center at AB Ford Park!



Rock painting at Carsten's Elementary/ Middle School. Just one of the three workshops ran by SMATA. The theme was “connecting kids with nature”

MAAT Update

by Amber James



The Michigan Association of Art Therapy is eagerly awaiting the 2018 legislative session to introduce our art therapy licensure bill. The MAAT board continues to work with legislators and the AATA's lobbyist, Dean Sagar, to refine the bill's language so as to endorse the most responsible practice of art therapy and represent the unique interests of art therapy clients and art therapists.

As the 2018 session inches closer, MAAT has identified key roles to fill on the advocacy committee.

- Experienced art therapists are needed to testify on behalf of the bill when it gets to committee. (MAAT will help with preparation)
- Individuals are needed to meet with state legislators to champion the licensure bill (preparation and materials provided-This is a really cool experience!!!)
- One or two people are needed to help coordinate the effort to collect letters of support.
- There are other roles that will be more active later in the process but individuals may want to start learning about those roles now. These include research regarding the effectiveness of art therapy, a person to coordinate a post-card campaign and/or "day on the hill."

Please email MichiganArtTherapy@gmail.com if interested in any of these roles or have experience or ideas that may be helpful in this effort.



2017 AATA Conference Highlights

Dr. Holly Feen presented a paper entitled "[Have HeART, will Traverse: TAKING Action through Volunteerism in Art Therapy](#)". She spoke about the outcomes of ArtsCorps Detroit over the last 7 years, to individuals, arts centers, neighborhoods and the university—opportunities for social action, collaboration, networking, sharing resources, research, and creating jobs. This included feminism in art therapy, refugee art and empathy, comics and graphic novels in art therapy, blending art and bibliotherapy with young children, art in prison, and raising consciousness in black teen girls.

Dr. Holly Feen also presented a workshop with **Margaret Sands-Goldstein** entitled "[Map of the Heart: Creating Heart Maps in Professional Practice](#)". This workshop sought to cultivate compassion for self and others by reflecting on and sharing what is held in the heart (e.g. feelings, intentions, prayers, fears, dreams). Participants created maps of the heart using watercolors and reflected, shared, and discussed applications in art therapy.

Corryn Jackson, a current MA counseling and art therapy student at WSU, presented as part of a focus group entitled "[Navigating Through Graduate School and Beyond](#)" with Susan Boxer Kappel, Carolyn Brown Treadon, Janet Kempf, and Dana Elmendorf. Over 50 students attended to discuss traversing through graduate school and what happens after graduation. Presenters discussed the importance of a student organization on campus and being an active member. Elmendorf and Kempf addressed issues and common questions about the Accreditation Council for Art Therapy Education (ACATE) and how it impacts students. Brown Treadon addressed post-graduation options for credentialing.

Faculty Spotlight: Deb Duranczyk

For the last 15 years, Deb Hanewich Duranczyk has taught the Saturday Art Therapy Workshop at Wayne State University. She also works at Washtenaw Intermediate School District as a Teacher Consultant and as part of the Ann Arbor District Behavior Support Team. Cristen Matteocci, a current art therapy practicum graduate student, remarked, "She's a great teacher. I have her for studio and practicum, and I couldn't ask for a better guide. She's very encouraging and helpful. I'm going to miss having her!"



WSU Alumni News

- Deborah Czechowicz (MA, 2015) and Roy Davis (MA, 2011) received their ATR credentials last fall!
- Karianne Spens-Hanna (M.Ed., 2017) is running art therapy groups for the [Ennis Center](#) in Flint & Pontiac!
- Angie Bolton (MA, 2017) was hired at the [Ennis Center](#) in Flint as program assistant!
- Autumn Heddy took on [UofM-Flint](#)'s offer for a LEO Lecturer in the Art & Art History Department. She will be instructing Intro to Art Therapy!
- Jackie Davidson was named Teacher of the Year at Richmond Middle School!
- Elizabeth Webster (MA, 2017) got a full-time position as Senior Clinician Group therapist at [Starr Commonwealth!](#)
- Amanda Schulze (MA, 2017) accepted a full-time position at [Gratiot Psychological Services](#) in Alma, Michigan!
- Shazia Siddiqi (MA, 2011) accepted a position at [Samaritan Counseling Center of Southeastern Michigan!](#)
- Kathleen Buday (M.Ed., 1999) accepted the position of Assistant Professor of Art Therapy at [Millikin University](#) in Decatur, Illinois! She will also be presenting "Nurturing Personal & Collective Healing Through Creativity in Hospice & Palliative Care" at the [3rd Annual Integrated Creative Arts Therapy Conference](#) in Chicago, IL on June 8, 2018!



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http://coe.wayne.edu/ted/art_therapy | <http://coe.wayne.edu/ted/art/index.php>

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