



Building Healthy Communities: Reducing Health Disparities in Elementary Schools

We'd like to offer all the elementary schools in your district the Building Healthy Schools program during the 2021 - 2022 school year!

Building Healthy Communities:



Reduces childhood obesity



Accelerates academic achievement



Increases physical activity

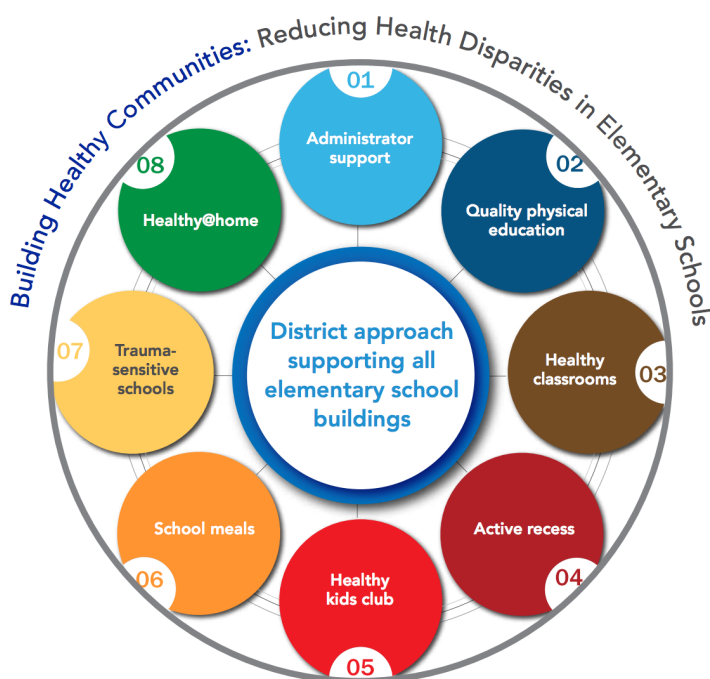


Improves healthier eating habits



Creates healthier school environments

We provide schools with incredible resources and support to execute healthy school transformations, including:



- A dedicated school coordinator and an on-site healthy school champion.
- Large packages of equipment for PE and recess.
- Nutrition and physical activity curriculum and professional development.
- Support for trauma-sensitive schools.
- Resources to enhance school meals or food service operations.
- Funding for after-school programs and healthy snacks.
- Healthy living resources and activities for families.

www.bhcwsu.org



WAYNE STATE
College of Education
Center for Health and
Community Impact