



# WAYNE STATE

## College of Education

### **Course Information**

Title: Counseling Internship

SAC (Subject Area Code) & Number: CED 7020

Section:

Semester/Year:

Division: Theoretical & Behavioral Foundations

Class location:

Class time:

Credit Hours: 1 - 12

Class Type: Other

### **Faculty Contact Information**

Name:

Office Address:

Office Hours:

Telephone:

E-mail Address:

### **Official Bulletin Description**

Supervised counseling internship in settings that are congruent with students' concentrations. Students function in the professional role to apply theories and skills to clients.

### **Course Goal**

The internship is an educational experience designed to help students become facilitative counselors who are reflective, innovative professionals, committed and competent to help clients, colleagues, and themselves acquire knowledge, skills and understanding necessary to participate in and contribute to the quality of life in a complex, changing urban society.

## Course Learning Outcomes

2016 CACREP Standards	Learning Outcomes	When	Measured With
2.F. 1,m 5.C.2.m	1) Exhibit counseling skills to form relationships with, assess, diagnose, conceptualize, and treat counseling clients in a setting that is congruent with their selected concentration.	Biweekly Supervision meetings	Site Supervisor Evaluation
2.F.1,f 2.F.1,g	2) Describe professional counseling organizations, as well as professional counseling credentialing processes.	Meeting #2	Individual Presentations
2.F.3,c	3) Develop and articulate a coherent case conceptualization identifying client concerns and appropriate treatment approaches.	Individually selected date Group Supervision	Oral Case Presentation
2.F.5.n	4) Develop a personal model of counseling individuals and groups, through interactions with clients.	Weekly and due Meeting #7	Weekly Logs signed by Site Supervisor at Weekly Individual Supervision Sessions
2.f.1.k	5) Students will evaluate their own strengths and weaknesses.	Meeting #7	Final Self-Evaluation Report

## Course Materials

### *Required Text*

Boylan, J., & Scott, J. (2015). *Practicum and internship* (5th Ed.). New York, NY: Taylor and Francis

### *Suggested Readings*

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

American Psychiatric Association (2000). *Diagnostic and statistical manual of mental disorders (IV-TR)*. Washington, DC: Author.

Neukreg, E. (2007). *The world of the counselor*, (3rd Ed.). Belmont, CA: Thomas Brooks/Cole.

Corey, G. (2009). *Case approach to counseling and psychotherapy*. Belmont, CA: Brooks/Cole.

### **Assessment of Student Performance**

Each of the following course components is required and is graded as pass/fail. Students must pass all portions to pass the class. No assignments and expectations can be skipped.

<b>Course Requirement</b>
Site Information Presentation
Case Conceptualization & Presentation
Service Logs Completion
Clinical Skill Evaluation by Site Supervisor
Self-Evaluation

### **Course Assignments and Requirements**

1. In-Class Presentation of Field Site Information.  
Students are required to present an oral description of their internship sites. They should be able to provide a contextual analysis of client backgrounds and current service provision as well as client needs.
2. Case Conceptualization & Presentation.  
Each student will be assigned a date to present a case in traditional case processing format. A guide will be provided on first seminar night.
3. Service Logs Completion  
Students are required to follow program-specific hours log format and submit to instructor.
4. Clinical Skill Evaluation  
Site supervisor will complete program-provided evaluation form documenting all aspects of trainee performance.
5. Self-Evaluation  
Write a 3 to 5 page paper describing your internship experience. Give examples, discuss strengths and weaknesses, and what you learned about yourself.

#### ***Guidelines for Self-Evaluation Report:***

- a. Paper typed in APA Style; abstract not required.
- b. Minimum of 3 pages, maximum of 5 pages (excluding cover page).

- c. Format: Title, introductory paragraph, succeeding paragraphs (elaborate on points from introduction, thus, pursuing a central theme), summary paragraph.
- d. Spelling and grammar are important. All papers should reflect graduate level content and preparation. Careless preparation and/or inappropriate presentation will adversely affect grade for the assignment.
- e. Must include a summary of your professional/personal growth (i.e., your critique of your counseling skills), objectives accomplished and/or objectives to be pursued further, counseling experiences and internship activities, your reaction to seminars and assignments, and any other information which might facilitate re-examination of the internship experience.
- f. Must include your reactions, views, and way of interpreting in regard to the internship experience is extremely crucial.
- g. Must include case examples and illustrations to show understanding and to make paper alive, desirable, and important are essential.

### ***Evaluation & Grading***

Satisfactory/Unsatisfactory grading for all assignments. S grade will be based on satisfactory completion of 100 clock hours for each semester hour of enrollment. Satisfactory completion is defined as: Clock hours documented by signed Internship Weekly Logs and Internship Semester Clock Hours Recap and favorable Evaluation from Site Supervisor.

**PLEASE NOTE:** Clock hours spent completing your master's project/thesis do not qualify as CED 7020 Counseling Internship hours.

- 1) Formal evaluation by Internship Site Supervisor and Faculty Instructor/Supervisor  
As stated in the evaluation policies section of the Internship Handbook.
- 2) Attendance and participation in all scheduled Internship Seminars and Individual Conferences
- 3) Completion of all assignments as listed in assignment section above.

### **Class Policy**

Attendance at all scheduled seminars and individual conferences is mandatory. No incomplete work or grades are given. Y grades will not be given except under extreme and unforeseeable circumstances.

Assignments are expected to be completed on time. If an assignment due date cannot be met, an alternative must be discussed and agreed to by instructor prior to due date. Paperwork and presentations submitted after the scheduled due date will be graded accordingly.

Refer to Internship Handbook for further explanation of procedures and criteria for evaluation.

All materials left in instructor's mailbox must be in sealed envelopes clearly marked with your name, date, time, contents, and instructor's name.

## **Wayne State University Policies**

### **Religious Holidays (from the online Academic Calendar)**

Because of the extraordinary variety of religious affiliations of the University student body and staff, the Academic Calendar makes no provisions for religious holidays. However, it is University policy to respect the faith and religious obligations of the individual. Students with classes or examinations that conflict with their religious observances are expected to notify their instructors well in advance so that mutually agreeable alternatives may be worked out.

### **Student Disabilities Services (edited statement from the SDS web site):**

- If you have a documented disability that requires accommodations, you will need to register with Student Disability Services for coordination of your academic accommodations. The Student Disability Services (SDS) office is located in the Adamany Undergraduate Library. The SDS telephone number is 313-577-1851 or 313-202-4216 (videophone use only). Once your accommodation is in place, someone can meet with you privately to discuss your special needs. Student Disability Services' mission is to assist the university in creating an accessible community where students with disabilities have an equal opportunity to fully participate in their educational experience at Wayne State University.
- Students who are registered with Student Disability Services and who are eligible for alternate testing accommodations such as extended test time and/or a distraction-reduced environment should present the required test permit to the professor at least one week in advance of the exam. Federal law requires that a student registered with SDS is entitled to the reasonable accommodations specified in the student's accommodation letter, which might include allowing the student to take the final exam on a day different than the rest of the class.

### **Academic Dishonesty – Plagiarism and Cheating (edited statement from the DOSO's web site unless otherwise noted)**

Academic misbehavior means any activity that tends to compromise the academic integrity of the institution or subvert the education process. All forms of academic misbehavior are prohibited at Wayne State University, as outlined in the Student Code of Conduct:

<https://doso.wayne.edu/conduct/student>

Students who commit or assist in committing dishonest acts are subject to downgrading (to a failing grade for the test, paper, or other course-related activity in question, or for the entire course) and/or additional sanctions as described in the Student Code of Conduct.

- Cheating: Intentionally using or attempting to use, or intentionally providing or attempting to provide, unauthorized materials, information or assistance in any academic exercise. Examples include: (a) copying from another student's test paper; (b) allowing another student to copy from a test paper; (c) using unauthorized material such as a "cheat sheet" during an exam.
- Fabrication: Intentional and unauthorized falsification of any information or citation. Examples include: (a) citation of information not taken from the source indicated; (b) listing sources in a bibliography not used in a research paper.
- Plagiarism: To take and use another's words or ideas as one's own. Examples include: (a) failure to use appropriate referencing when using the words or ideas of other persons; (b) altering the language, paraphrasing, omitting, rearranging, or forming new combinations of words in an attempt to make the thoughts of another appear as your own.
- College of Education policy on plagiarism: The College of Education has a "zero tolerance" approach to plagiarism and other forms of academic dishonesty. Plagiarism includes copying material (any more than 5 consecutive words) from outside texts or presenting outside information as if it were your own by not crediting authors through citations. It can be deliberate or unintended. Students are advised to think carefully and thoroughly, ask for help from instructors if it is needed, and make smart decisions about their academic work.
- Other forms of academic misbehavior include, but are not limited to: (a) unauthorized use of resources, or any attempt to limit another student's access to educational resources, or any attempt to alter equipment so as to lead to an incorrect answer for subsequent users; (b) enlisting the assistance of a substitute in the taking of examinations; (c) violating course rules as defined in the course syllabus or other written information provided to the student; (d) selling, buying or stealing all or part of an un-administered test or answers to the test; (e) changing or altering a grade on a test or other academic grade records.

### **Course Drops and Withdrawals**

In the first two weeks of the (full) term, students can drop this class and receive 100% tuition and course fee cancellation. After the end of the second week there is no tuition or fee cancellation. Students who wish to withdraw from the class can initiate a withdrawal request on Academica. You will receive a transcript notation of WP (passing), WF (failing), or WN (no graded work) at the time of withdrawal. No withdrawals can be initiated after the end of the tenth week. Students enrolled in the tenth week and beyond will receive a grade. Because withdrawing from courses may have negative academic and financial consequences, students considering course withdrawal should make sure they fully understand all the consequences before taking this step. More information on this can be found at: [http://reg.wayne.edu/Withdrawing\\_From\\_a\\_Course.php](http://reg.wayne.edu/Withdrawing_From_a_Course.php)

### **Student Services**

- The Academic Success Center (1600 Undergraduate Library) assists students with content in select courses and in strengthening study skills. Visit [www.success.wayne.edu](http://www.success.wayne.edu) for schedules and information on study skills workshops, tutoring and supplemental instruction (primarily in 1000 and 2000 level courses).

- The Writing Research and Technology Zone is located on the 2nd floor of the Undergraduate Library and provides individual tutoring consultations free of charge. Visit <http://clasweb.clas.wayne.edu/writing> to obtain information on tutors, appointments, and the type of help they can provide.
- Library research assistance: Working on a research assignment, paper or project? Trying to figure out how to collect, organize and cite your sources? Wayne State librarians provide on-campus or online personalized help. Contact them at <http://library.wayne.edu/consult>

### **Class Recordings**

Students need prior written permission from the instructor before recording any portion of this class. If permission is granted, the audio and/or video recording is to be used only for the student's personal instructional use. Such recordings are not intended for a wider public audience, such as posting to the internet or sharing with others. Students registered with Student Disabilities Service (SDS) who wish to record class materials must present their specific accommodation to the instructor, who will subsequently comply with the request unless there is some specific reason why s/he cannot, such as discussion of confidential or protected information.

### **Counseling and Psychological Services (CAPS)**

It is quite common for college students to experience mental health challenges, such as stress, anxiety and depression, that interfere with academic performance and negatively impact daily life. Help is available for any currently enrolled WSU student who is struggling with a mental health difficulty, at WSU Counseling and Psychological Services ([caps.wayne.edu](http://caps.wayne.edu); 313 577-3398). Other options, for students and nonstudents, include the Counseling and Testing Center, and the Counseling Psychology Training Clinic, in the WSU College of Education ([coe.wayne.edu/tbf/counseling/center-index.php](http://coe.wayne.edu/tbf/counseling/center-index.php)). Services at all three clinics are free and confidential. Remember that *getting help, before stress reaches a crisis point, is a smart and courageous thing to do*—for yourself, and for those you care about. Also, know that the WSU Police Department (313 577-2222) has personnel trained to respond sensitively to mental health emergencies at all hours.

## CLASS SCHEDULE

*Group supervision meeting dates are biweekly throughout the semester.*

<b>Week</b>	<b>Focus/Assignments Due</b>
<b>1</b>	<b>Introduction</b>
<b>2</b>	<b>Site presentations</b>
<b>3</b>	<b>Case conceptualizations and group supervision</b>
<b>4</b>	<b>Case conceptualizations and group supervision</b>
<b>5</b>	<b>Case conceptualizations and group supervision</b>
<b>6</b>	<b>Case conceptualizations and group supervision</b>
<b>7</b>	<b>Case conceptualizations and group supervision</b> <ul style="list-style-type: none"><li>• Service Logs due</li><li>• Clinical Skill Evaluations due</li><li>• Self-Evaluation due</li></ul>